





NYS Apples

June 2025 PreK/BHS



Breakfast Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
2 1oz Cereal	3 WG Chocolate Chip Muffin	4 1oz Cereal	5 WG Blueberry Muffin	6 1oz Cereal
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 WG Chocolate Chip Muffin	10 1oz Cereal	11 WG Blueberry Muffin	12 1oz Cereal	13 WG Chocolate Chip Muffin
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 1oz Cereal	17 WG Blueberry Muffin	18 1oz Cereal	19 Happy Juneteenth!	20 1oz Cereal
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 1oz Cereal	24 1oz Cereal	25 1oz Cereal		
4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Assorted Juice Cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		

PERSONAL TOUCH WOULD LIKE TO WISH EVERYONE A SAFE AND WONDERFUL SUMMER!!!

Menus Subject to Change

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

For Information for Summer Meals Please Visit
www.summermealsny.org
or Call 211 or 866-3-HUNGRY.

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

*NY State Non-Fat or 1% White Milk

6oz



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org.
Additionally, ingredient and nutritional information is available upon request

Students Receive Free Breakfast